Day in the life of a Local Truck driver

As a local truck driver your day will start at 0600 hrs clocking in and checking your truck over to make sure it is road legal and reporting any defects.

0630 prepare your truck for loading in the warehouse collect your delivery run manifest, plan your route and inform forklift drivers of loading order.

Once loaded check your load and strap to make safe for journey

0700 leave yard to do your 10 – 15 deliveries many deliveries will require you to use your tail lift and a pump truck or hand off load as well as preparing your truck for forklift unload following delivery points health and safety rules.

Once your truck is empty of deliveries around 1400hrs you will be given a list of collections with all goods to be checked when loading from customers factories

Once collections are completed return back to the yard to be unloaded once you have labelled all your freight

End the day around 1800hrs with a debrief with the office planners

Day in the life of a long-distance truck driver

Your day will start at around 0400hrs checking your truck over to make sure it is road legal and reporting any defects

Collect you run sheet and trailer and set off on your day

You will be required to find delivery and collection points all over the UK

Oversee Unloading and loading of your trailer making sure it is safe to travel

Completing paperwork for deliveries and collections and quality controlling all products loaded on your trailer

You will be required to sleep in your truck and be away from home all week doing up to 15hour days you may quite often do a six-days week

Key skills:

LGV Licence

IT Literate. Map reading and geographical knowledge. Able to manage your own time. Punctual.

A people person who is also able to spend long periods on your own and able to use your own initiative.

Average Salary range:

From 26,000 pa - £42,500 pa